

WORKSHOPS

Dual Diagnosis Training -
Alcohol, Other Drugs &
Concurrent Mental Health Issues

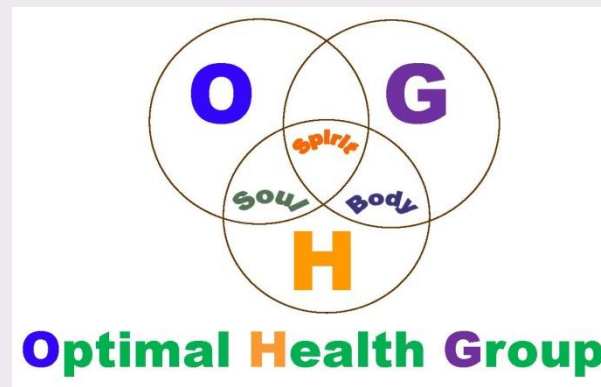
2 Day Advanced Workshop

This 2 day intensive training workshop covers all the key knowledge required to deliver brief & interventions with clients presenting with substance abuse issues and concurrent mental health problems (i.e. dual diagnosis).

If people want a certificate of attendance and also qualify for 12 points (ONLINE) or 15 points (Live) of CPD (Continuing Professional Development) for their counselling peak body (APS, AASW, ACS, CPS, etc), they need to complete the full 2 days of intensive training. This covers all of the current evidence based, best practice in the Alcohol & Other Drugs (AOD) and Mental Health industry from an integrated, holistic framework. (Refer to diagram over the page)

- Understand the underlying issues behind addictions as well as holistic intervention.
- Understand the neurophysiology of addictions and brain development.
- Neuroplasticity (latest developments)
- Psychopharmacology
- The Cycle of Addiction & Stages of Change
- The Grief Cycle & Anger / Hatred
- Brief & Early Intervention, treatment matching, pharmacotherapies & motivational interviewing
- Working with treatment resistant clients

Testimonials available on website:
www.dualdiagnosisstraining.com.au/training-testimonies/



To enrol, please contact:

George Patriki
Drug & Alcohol Counsellor
Educator

Optimal Health Group

Dip Drug & Alcohol; Dip Counselling; Dip Mental Health;
Gr Cert Health; Dip Comorbidity; Dip Community Welfare
Dip Management; Cert IV TAA; Cert IV Comm Develop

PO Box 1253 Elanora QLD 4221
0408 332 765
george3777@yahoo.com.au
www.dualdiagnosisstraining.com.au
ABN - 67 056 938 967

S.A.M.H.I.
SUBSTANCE ABUSE &
MENTAL HEALTH INTERVENTIONS
Living Life Without Drugs
www.samhi.online

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DUAL
DIAGNOSIS
TRAINING

Cost

Cost of online Substance Abuse & Mental Health Training (www.samhi.online) as well as the live Dual Diagnosis Training (www.dualdiagnosisstraining.com.au) are both reduced from \$290 to **\$145**. (50% off).

Online Training



**SUBSTANCE ABUSE &
MENTAL HEALTH INTERVENTIONS**

Living Life Without Drugs

www.samhi.online

Book Live Training at:

www.dualdiagnosisstraining.com.au



DUAL
DIAGNOSIS
TRAINING

Optimal Health Group and AAIC run public community forums in various towns & cities to educate the community on the harm associated with ICE & Other Drugs and invite members of the community to get involved in:

1. School based drug education (Grades 7-12), offered by AAIC (www.australianantiicecampaign.org.au)
2. Attend Dual Diagnosis Training to learn skills in delivering Brief & Early Interventions to drug users or run family support groups.
3. Partner with treatment services to increase help available to drug users, including detox, intensive outpatient treatment, residential rehabilitation and supported accommodation.

- School counsellors, teachers and chaplains are invited from schools to attend public forums.
- These forums are an opportunity for parents to attend and learn what students will be taught during the school based drug education.
- Community agency workers are invited from key service agencies; including Youth Justice & other youth services, housing, legal, financial, health etc
- As well as local volunteers from existing support groups such as Narcotics Anonymous.

We invite you to attend these public community forums and then participate in the Dual Diagnosis Training to develop skills;

- to deliver school based education,
- or provide Brief And Early Interventions,
- or facilitate and run family support groups



NEW:

**Substance Abuse & Mental Health Interventions
S.A.M.H.I.**

**ONLINE Training available 2018.
www.samhi.online**



RECOGNITION OF PRIOR LEARNING (RPL)

Optimal Health Group has been providing Recognition of Prior Learning (RPL) since 2002 and we have arranged with various TAFE in Australia to provide the RPL kits for students that complete our Dual Diagnosis Training (www.dualdiagnosistraining.com.au) & want to apply for a workplace assessment... (www.dualdiagnosistraining.com.au/rpl-upskilling/).

This is an optional service for people wanting to upskill who have completed the 2 days training which meets the competencies in the AOD & Mental Health modules.

Presenter – George Patriki



George has spent countless hours helping thousands of people affected by substance abuse & mental health issues. He works as a Dual Diagnosis Consultant on the Gold Coast and throughout Australia.

George is committed to reaching out to people struggling with addictive behaviours, particularly those with severe life controlling problems due to significant trauma.

He works in areas of court advocacy, counselling, outreach, running community forums, seminars and recovery groups for drug users (including dual diagnosis) & their loved ones.

George's areas of specialty include:

- § Psycho-dynamic & Trauma Model Therapy
- § Cognitive Behavioural Therapy
- § Motivational Interviewing
- § Solution Focused & Narrative Therapy
- § Brief and Early Intervention

Qualifications include:

- § Diploma in AOD (Alcohol & Other Drugs)
- § Diploma in Mental Health
- § Diploma in Counselling
- § Diploma in Comorbidity (AOD & Mental Health)
- § Graduate Certificate in Health: Addiction Studies
- § Certificate IV T.A.A. (Training And Assessment)
- § Diploma in Management
- § Diploma in Community Welfare
- § Certificate IV in Community Development
- § Certificate IV in Assessment & Workplace Training

George has over 25 yrs experience and has accreditation with Victorian Department of Human Services as a Clinical Drug Assessor. Since 2002, he conducts basic & advanced training in drug & alcohol and mental health issues.

He also offers clinical supervision for individuals & organisations and lectures in tertiary institutions, government and non-government organisations.