



Optimal Health Group



Substance Abuse & Mental Health Interventions

Training in Dual Diagnosis:
Transformations

Corner of Monaco St and Gold Coast Hwy, Surfers Paradise 4217

Monday 25 February 2018 and Tuesday 26 February 2018

9am – 5pm

This training has now been reduced from \$290 to **\$145 (50% off)** and payment can be made by bank transfer, or PayPal by credit card. Details on website; www.dualdiagnosisistraining.com.au/contact-us.

This Dual Diagnosis Training is also available ONLINE on website.



APS Australian Psychological Society



If people want a certificate of attendance and also qualify for 12 points of CPD (Continuing Professional Development) for their counselling peak body (APS, AASW, ACA, CPS, PACFA etc), they need to complete the full 2 days of intensive training.

This covers all of the current evidence based, best practice in the Alcohol & Other Drugs (AOD) and Mental Health industry from an integrated, holistic framework



- Module 1. Drugs & Effects
- Module 2. Addictions & Mental Health
- Module 3. Harm Minimisation & Optimal Health
- Module 4. Neuropharmacology & Neurophysiology (Brian Works)
- Module 5. Trauma model & Keys to Treatment
- Module 6. Brief & Early Intervention and Tripod of Support

The Dual Diagnosis Consultant delivering the training, has over 7 years lived experience as an ex-addict himself & spent over 10 years accessing various treatment and recovery programs to work through the underlying issues. Since then, he has 25 years of clinical experience as a counsellor and 16 years as an educator to Government and Non-Government organisations in Australia.

The Dual Diagnosis Training Intro video on the website (www.dualdiagnosisistraining.com.au) introduces the 2 day advanced training that explains Substance Abuse, (with Alcohol & Other Drugs), as well as Mental Health Issues. The training is outlined in detail below at the end of this email and further information is also available on the website. This training will equip workers to be able to deliver a brief & early intervention to people struggling with substance abuse and mental health issues as well as advanced psychotherapeutic skills.

Training will start **9am SHARP** and will finish around 5pm. Please arrive between 8:30am - 8:45am on 1st day to allow us time for registration.

