

Drug Diversion

Name:

Postal Address:

Email:

Mobile:



Welcome to:

S.A.M.H.I. SUBSTANCE ABUSE & MENTAL HEALTH INTERVENTIONS
Living Life Without Drugs

DUAL DIAGNOSIS TRAINING

Chemically Speaking Two - Brief Intervention

Dual Diagnosis Consultant
Drug & Alcohol Counsellor / Educator
George Patrick
Dip. Crim. & Justice, Dip. Counselling, Dip. Mental Health, Dip. Cert Health (Addic), Dip. Community Care, IV, F.A.A., Dip. Management, Cert. in Community Development
PO Box 1231, Eborac, Q.L.D. 4221
Mobile: 0468 332 765
Email: george0777@yahoo.com.au
www.dualdiagnosis.com.au
ABN: 67155 535 967

Optimal Health Group

CONTENTS

1. Substance Abuse & Mental Health (Dual Diagnosis)
(Not required to complete below)
2. Integrative Holistic Model
(Not required to complete below)
3. Needs & Underlying Issues
4. Grief Cycle & Anger
5. Drink & Drug Driving
6. Cycle of Addiction
 - Alcohol
 - Tobacco
 - Cannabis
 - Stimulants (Speed, Ice, Ecstasy, Cocaine)
7. Optimal Health
8. Stages of Change
9. Costs vs Benefits
10. Tripod of Support
Costs vs Benefits
Cycle of Addiction
(Not required to complete below)

Part 3:

Needs & Underlying Issues

Review Questions

1. What are the main key needs of people?

Welcome to:

S.A.M.H.I. **SUBSTANCE ABUSE & MENTAL HEALTH INTERVENTIONS**
Living Life Without Drugs

DUAL DIAGNOSIS TRAINING

Chemically Speaking Two - Brief Intervention

Dual Diagnosis Consultant
Drug & Alcohol Counsellor / Educator

George Parrisi
Dip Drug & Alcohol, Dip Counselling, Dip Mental Health, Dip Cert Health (A.M.S.O.), Dip Community Care, Dip T & A, Dip Management, Cert III Community Development

PO Box 1223, Eborac QLD 4223
Mobile: 0468 332 765
Email: george3777@yahoo.com.au
www.dualdiagnosis.com.au
ABN: 67056 038 967

Optimal Health Group

2. What are the primary emotions that get triggered when needs aren't met?

3. What are the secondary emotions that erupt when primary emotions are triggered?

4. What are the unhealthy coping skills we use to manage primary & secondary emotions?

Part 4:

Grief Cycle & Anger

Review Questions

1. What are the 5 phases of the grief cycle?

Welcome to:
SUBSTANCE ABUSE & MENTAL HEALTH INTERVENTIONS
Living Life Without Drugs
DUAL DIAGNOSIS TRAINING

Chemically Speaking Two - Brief Intervention

Dual Diagnosis Consultant
Drug & Alcohol Counsellor / Educator
George Patrin
Diploma & Award (No) Counselling, Dip Mental Health, Dip Gen Health (MASC), Dip Community Care N.T.A.A., Dip Management, Cert III Community Development
PO Box 1251, Staines QLD 4227
Mobile: 0468 332 785
Email: george3777@yahoo.com.au
www.dualdiagnosis.org.au
ABN: 67056 636 967

Optimal Health Group

2. Why do we experience denial?

3. Why do we get angry when we experience grief and loss?

4. Why do we feel depression or despair when we experience grief and loss?

5. What is 1 way to help people move forward into acceptance

Part 5:

Drink & Drug Driving

Review Questions

1. How do chemicals effect our driving?

Welcome to:

S.A.M.H.I. SUBSTANCE ABUSE & MENTAL HEALTH INTERVENTIONS
Living Life Without Drugs

DUAL DIAGNOSIS TRAINING

Chemically Speaking Two - Brief Intervention

Dual Diagnosis Consultant
Drug & Alcohol Counsellor / Educator

George Parrini
Dip Drug & Alcohol, Dip Counselling, Dip Mental Health,
Dip Cert Health (AASHC), Dip Community Care, IV T.A.A.,
Dip Management, Cert III Community Development

PO Box 1223, Eborac QLD 4223
Mobile: 0468 332 765
Email: george0777@yahoo.com.au
www.dualdiagnosis.com.au
ABN: 67056 038 967

Optimal Health Group

2. Why isn't 1 standard drink per hour reliable for keeping under .05?

3. If I don't feel intoxicated by chemicals does that mean I'm OK to drive?

4. Which part of the brain is mostly effected by chemicals?

Part 6:

Cycle of Addiction

- Alcohol
- Tobacco
- Cannabis
- Stimulants (Speed, Ice, Ecstasy, Cocaine)

Review Questions

1. Explain the 4 phases of the cycle of addiction.

Welcome to:

S.A.M.H.I. SUBSTANCE ABUSE & MENTAL HEALTH INTERVENTIONS
Living Life Without Drugs

DUAL DIAGNOSIS TRAINING

Chemically Speaking Two - Brief Intervention

Dual Diagnosis Consultant
Drug & Alcohol Counsellor / Educator

George Parrini
Dip Drug & Alcohol, Dip Counselling, Dip Mental Health, Dip Cert Health (AASQ), Dip Community Care, IV T.A.A., Dip Management, Cert III Community Development

PO Box 1223, Eborac QLD 4223
Mobile: 0468 332 765
Email: george0777@yahoo.com.au
www.dualdiagnosis.com.au
ABN: 67056 035 967

O G H
Optimal Health Group

2. Explain the main risks and consequences of using alcohol.

3. Explain the main risks and consequences of using cannabis.

4. Explain the main risks and consequences of using methamphetamine (ice) or ecstasy.

Part 7:

Optimal Health

Review Questions

1. How does optimal health provide better outcomes for people we want to help?

Welcome to:

S.A.M.H.I.
SUBSTANCE ABUSE &
MENTAL HEALTH INTERVENTIONS
Living Life Without Drugs

DUAL DIAGNOSIS TRAINING

Chemically Speaking Two - Brief Intervention

Dual Diagnosis Consultant
Drug & Alcohol Counsellor / Educator

George Parrisi
Dip Drug & Alcohol Use Counselling, Dip Mental Health,
Dip Cert Health (A.M.S.O.), Dip Community Care, IV T.A.A.,
Dip Management, Cert III Community Development

PO Box 1223, Eborac QLD 4223
Mobile: 0468 332 765
Email: george0777@yahoo.com.au
www.dualdiagnosis.com.au
ABN: 67056 038 967

Optimal Health Group

2. Why is it important to drink sufficient water & exercise?

3. Why is it important to get enough Vitamin D from the sun?

4. Why is it important to have quality organic food and supplement when we can?

Part 8:

Stages of Change

Review Questions

1. Explain the five phases of the stages of change?

Welcome to:

S.A.M.H.I. SUBSTANCE ABUSE & MENTAL HEALTH INTERVENTIONS
Living Life Without Drugs

DUAL DIAGNOSIS TRAINING

Chemically Speaking Two - Brief Intervention

Dual Diagnosis Consultant
Drug & Alcohol Counsellor / Educator

George Parrisi
Dip Drug & Alcohol Use Counselling, Dip Mental Health, Dip Cert Health (A.M.S.), Dip Community Care, IV T.A.A., Dip Management, Cert III Community Development

PO Box 1223, Eborac QLD 4223
Mobile: 0468 332 765
Email: george3777@yahoo.com.au
www.dualdiagnosis.com.au
ABN: 67056 035 967

Optimal Health Group

2. How can I help someone in precontemplation?

3. How can I help someone in contemplation?

4. How can I help someone in the decision/preparation stage?

Part 9:

Costs vs Benefits

Review Questions

1. Why do we do the costs vs benefits?

Welcome to:

S.A.M.H.I. **SUBSTANCE ABUSE & MENTAL HEALTH INTERVENTIONS**
Living Life Without Drugs

DUAL DIAGNOSIS TRAINING

Chemically Speaking Two - Brief Intervention

Dual Diagnosis Consultant
Drug & Alcohol Counsellor / Educator

George Parrini
Dip Drug & Alcohol, Dip Counselling, Dip Mental Health, Dip Cert Health (AASHC), Dip Community Care, IV T.A.A., Dip Management, Cert III Community Development

PO Box 1223, Eborac QLD 4223
Mobile: 0468 332 765
Email: george3777@yahoo.com.au
www.dualdiagnosis.com.au
ABN: 67056 038 967

Optimal Health Group

2. Why do we ask people “what do you like about using drugs”?

3. Why do we ask people “what don’t you like about using drugs”?

4. Why do we ask people “what is the benefit of stopping drugs”?

5. Why do we ask people “what is the negative of stopping drugs”?