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Att: Presiding Magistrate

Dear Your Honour,

RE: DRUG DIVERSION OVERVIEW
(www.dualdiagnosisstraining.com.au/drug-diversions)

AND PROVIDER - OPTIMAL HEALTH GROUP

Please find attached a numbered Drug Diversion Certificate, delivered by the Optimal Health Group. As a Dual Diagnosis Consultant delivering clinical services, I have several qualifications and over 25 years of clinical experience as a counsellor and 16 years as an educator to Government and Non-Government organisations in Australia and worldwide. I also delivered around 2,500 drug diversions for QLD Health, under their QIDDI (QLD Illicit Drug Diversion Initiatives) Program over a 5 year period. I have over 7 years of lived experience as an ex-addict myself and spent over 10 years accessing various treatment and recovery programs to work through the underlying issues.

The psycho-educational information presented in the Drug Diversion is part of the 2 day, advanced, Dual Diagnosis Training that offers participants Continuing Professional Development (CPD) points. The logos of the major peak bodies are listed on my website (www.dualdiagnosisstraining.com.au), along with hyperlinks to their events pages that advertise the training for their members.

The ONLINE training is available 24/7 through the Udemy.com learning platform and has been accessed by people in over 30 countries so far.

The training meets all of the criteria for evidence base, best practice which is why it is available for Continuing Professional Development Points and **ENDORSED** by;

Psychotherapy & Counselling Federation of Australia (PACFA)
www.pacfa.org.au/events/substance-abuse-mental-health-interventions

Australian Association of Social Workers (AASW)
www.aasw.asn.au/events/event/online-dual-diagnosis-training-alcohol-other-drugs-concurrent-mental-health-issues-12-hours

Australian Community Workers Association (ACWA)
www.acwa.org.au/BookingRetrieve.aspx?ID=216030

It is also available for Continuing Professional Development Points and listed on the events pages of;

Australian Counselling Association (ACA)
www.theaca.net.au/opd-event.php?id=6m40ayp3

Australian Psychological Society (APS)
<https://www.psychology.org.au/Event/20815?view=true>

Canadian Psychological Association (CPA)
www.cpa.ca/events

The Dual Diagnosis Training also includes the Community Development Response to ICE & Other Drugs which is outlined on the website;
(www.dualdiagnosisstraining.com.au/community-development).

This was presented at;

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- The Australian & New Zealand Addiction Conference (May 2016)
- Australian Holistic Healers & Counsellors Association Conference (August 2016)
- Lifeline Coordinators Conference (September 2016)
- 12th Biennial Asia Pacific International Mental Health Conference (October 2016)
- Australian Holistic Healers & Counsellors Association Conference (Oct 2017)
- The Australian Lions Drug Awareness Foundation (Nov 17)
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The Community Development Response to ICE & Other Drugs is also listed on the Australian & New Zealand Mental Health Association website;
www.anznmh.asn.au/2017/04/11/community-development-response-to-ice-other-drugs

The Dual Diagnosis Training Intro video on the website
(www.dualdiagnosisstraining.com.au) introduces the 2 day advanced training that explains Substance Abuse, (with Alcohol & Other Drugs), as well as Mental Health Issues.

The Drug Diversion includes the following topics that are delivered over 2 hours & 15 min;

1. Substance Abuse & Mental Health (Dual Diagnosis)
2. Integrative Holistic Model
3. Needs & Underlying Issues that drive addictions
4. Grief Cycle & Anger
5. Drink & Drug Driving
6. Cycle of Addiction
 - Alcohol
 - Tobacco
 - Cannabis
 - Stimulants (Speed, Ice, Ecstasy, Cocaine)
7. Optimal Health
8. Stages of Change
9. Costs vs Benefits – doing a brief intervention.
10. Tripod of Support for the drug user to help them move forward & stay safe.

If you would like more info, please feel welcome to contact me anytime on 0408 332 765.

Ciao



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